

Faith and Finance

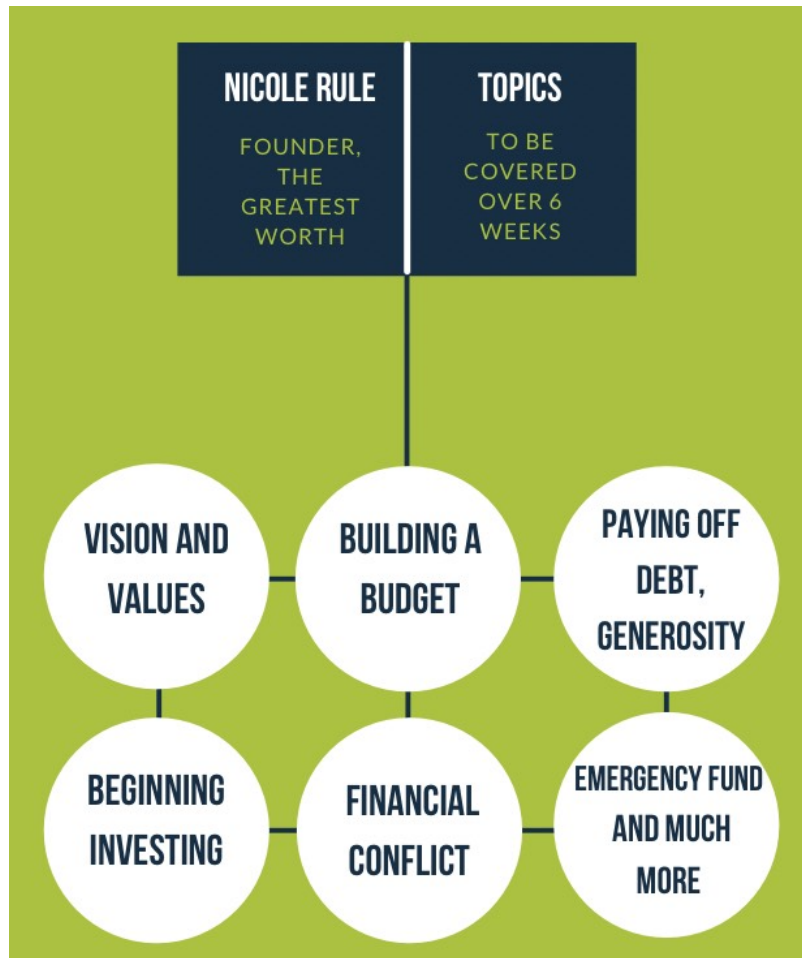
The Rev. Jess Rigel, Discipleship Pastor, invites you to join APC for an exciting opportunity to better understand and grow your financial well-being!

For six weeks, on **Wednesday evenings from 6:30-8 p.m., beginning February 17**, you'll learn how to better live into Christian values through managing personal finances, in the Faith and Finance course. Class is led by Nicole Rule, founder of *The Greatest Worth*.

Cost of the course is \$60; and can be paid on-line www.alamancechurch.org (note "Faith and Finance" in the memo line), or by check or cash to the church office.

Contact Rev. Jess Rigel (jess@alamancechurch.org) to sign up, or for more information about Faith and Finance.

Meetings will be held by Zoom.



Lent for the year **2021** starts on **Ash Wednesday, February 17**. Lent is a Christian annual period that starts on Ash Wednesday, and which lasts for 40 days (not Including Sundays).

Lent represents the 40 days Jesus spent fasting in the wilderness. This 40-day period is a time for Christians to reflect, fast, and give penance; in preparation for the resurrection of Christ on Easter Sunday, **April 4**.

The word "Lent" is a shortened form of the Old English word "lencton," meaning "spring season."

Christians have traditionally "given up" something for Lent. Fasting from all meat, fat, and eggs gave rise to the related holy day called "Fat Tuesday," or "Shrove Tuesday," or "Mardi Gras." Householders would use up any stores of butter, meat, and eggs on the Tuesday before Ash Wednesday, to remove any temptation not to keep the Lenten Fast.

Modern-day Christians also often choose to fast from practices that cause harm to others (such as idle gossip and rumor-mongering), or adding or enhancing spiritual practices (such as prayer and Bible reading) to their daily habits.

